**蒲公英班动态表**

**一、精细动作：夹毛毛虫**

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| --- | --- | --- |
| IMG_20250306_095141 | IMG_20250306_095457 | IMG_20250306_095251 |
| IMG_20250306_095838 | IMG_20250306_095902 | IMG_20250306_095822 |
| IMG_20250306_095723 | IMG_20250306_095818 | IMG_20250306_095809 |
| 活动目标：  1.发展幼儿二指捏的精细动作  2.锻炼手指肌肉  3.培养幼儿专注力和手眼协调能力 | | |

1. **运动：滑滑梯**

|  |  |  |
| --- | --- | --- |
| IMG_20250306_091422 | IMG_20250306_091443 | IMG_20250306_091506 |
| IMG_20250306_091534 | IMG_20250306_091034 | IMG_20250306_091404 |

1. **延时班：桌面建构**

|  |  |  |
| --- | --- | --- |
| IMG_20250306_154223 | IMG_20250306_154203 | IMG_20250306_154217 |

**四、餐点**

今日早点：鲜牛奶、自选饼干

今日午餐：红薯饭、茄汁鳕鱼、大白菜炒肉片、青菜平菇汤

下午餐点：红枣糯米粥、龙眼、甜橙

**五、温馨提示**

1. 近期气温逐渐升高，请采用“洋葱式”穿衣法及时为幼儿添减衣物。

2.春季容易引发各种传染病，大家在家多关注幼儿身体状况，有问题及时告知班级老师。