班级学生心理状态月报表

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 汇报人 |  | | | 班 级 | | | |  | | | 第 次汇报 | | | | |
| 汇报日期 | 年 月 日 | | | 班级人数 | | | |  | | |
| （以下0 代表状态极差，10代表状态非常良好，请根据班级情况，在相应的数字上打“√”。） | | | | | | | | | | | | | | | |
| 总体心理状况 | | 0 | 1 | | 2 | 3 | 4 | | 5 | 6 | | 7 | 8 | 9 | 10 |
| 学习状态 | | 0 | 1 | | 2 | 3 | 4 | | 5 | 6 | | 7 | 8 | 9 | 10 |
| 人际状态 | | 0 | 1 | | 2 | 3 | 4 | | 5 | 6 | | 7 | 8 | 9 | 10 |
| 情绪状态 | | 0 | 1 | | 2 | 3 | 4 | | 5 | 6 | | 7 | 8 | 9 | 10 |
| 睡眠状态 | | 0 | 1 | | 2 | 3 | 4 | | 5 | 6 | | 7 | 8 | 9 | 10 |
| 重大事件及需要关注的普遍心理问题描述 | |  | | | | | | | | | | | | | |
| 需要重点关注的同学，包括姓名、性别、主要问题及需要的帮助等详细信息 | |  | | | | | | | | | | | | | |
| 汇报人本月所做的心理服务及感想，遇到的困难及希望得到的帮助 | |  | | | | | | | | | | | | | |