**True grit is the mother of success**

**P1.** I used to teach in public schools. After several years of teaching, what struck me was that IQ(智商) was not the only difference between my best and my worst students. Some of my strongest performers did not have high IQ scores. Some of my smartest kids weren’t doing so well. If doing well in school and in life depends on much more than IQ, then what is it? **Tip 1. 细节：根据关键词，定位，对比理解**

**p2.**  I left the classroom and become a psychologist (心理学家). I started studying kids and adults in all kinds of challenging settings, and in every study my question was: Who is successful here and why?

**p3.**  We went to West Point Military Academy. We tried to ***predict*** which cadets (军校生) would stay in military training(军训) and which would drop out. We went to the National Spelling Bee and tried to ***predict*** which children would advance farthest in competition. We studied rookie (新手) teachers working in really tough neighborhoods, asking which teachers were still remaining there at the end of the school year. **Tip 2. 指代/猜词义：四个选项一一代入，联系前后文理解**
**p4.**  In all those very different contexts, one characteristic (特征) stood out. It wasn’t social intelligence, or good looks, or physical(身体的) health, and it wasn’t IQ. It was grit.

**p5.**  Grit is passion (激情) and perseverance (坚持) for very long-term goals. Grit is having stamina (耐力). Grit is sticking with your future, day in, day out, not just for the week, not just for the month, but for years, and working really hard to make that future a reality. Grit is living life like it’s a marathon, not a sprint.（比喻）

**p6.** Grit also matters in school, especially for kids at risk of dropping out. I asked thousands of high school juniors to take grit questionnaires (调查问卷), and then waited around more than a year to see who would graduate. It turns out that grittier kids were more likely to graduate.

**p7.**  However, we still know little about building grit. Perhaps that’s the work that stands before us. We need to take our best ideas and test them. We need to be gritty about getting our kids grittier.

 **1. drop out: 辍学，退出 2. physical :身体的；物理学的；物质的**

**3. grit 毅力 gritty 有毅力的 4. stand for 代表 stand out 突出**

**a \_\_\_\_\_\_\_\_\_ in public school at firs**t

**a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ later**

**Study question:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Tough neighbourhoodshoods

National Spelling Bee

West Point Military

 Academy

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**perseverance**

**Which teachers remained**

**Which children\_\_\_\_\_\_\_\_\_\_\_\_**

**Whether to \_\_\_\_\_\_in military**

**training or \_\_\_\_\_\_\_\_\_\_**

**Su Bingtian**

* Age: 32
* Profession: sprinter
* “Known as the fastest Chinese man, Su Bingtian made history and brought an unforgettable moment for the world in the summer of 2021.Chosen for: challenging himself and breaking limits (极限).

But the way to success was never easy for Su. Because of an injury (受伤), Su had to stop running for several years. He even planned to retire (退役) in 2017. But the call to challenge himself brought Su back to the track (跑道). To increase his strength, Su trained even harder than before.

 He realized that finishing the semifinal in less than 10 seconds would earn him the chance to enter the final competition. To encourage himself, Su set a personal goal of 9.89 seconds. He even made the number his personal password for his phone and computer. Luckily, his efforts paid off.”

**Make a report:**

 **Since this term, we 1\_\_\_\_\_\_\_\_\_(learn) about many great men, 2\_\_\_\_\_\_\_\_\_\_\_Spud Web and Anne Frank. Because of the 3\_\_\_\_\_\_\_\_(high), Sup Web met many difficulties and Anne Frank died from the war. But both of them had great grit and they never gave up 4\_\_\_\_\_\_\_\_\_\_\_ (realize) what they want.**

 **Grit is 5\_\_\_\_\_\_\_\_\_\_\_ (value) to all of us. It is \_\_\_\_\_\_\_\_\_, perseverance and \_\_\_\_\_\_\_\_\_\_\_\_(毅力的定义). 6\_\_\_\_\_\_\_\_\_\_\_ we want to build grit, we should first have a growth mindset. it means we must believe that our abilities can 7\_\_\_\_\_\_\_\_\_\_\_\_\_\_(change) through our hard work.**

 **And we must take actions to try to build our grit. First, we should \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Second, we should set \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and then \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.Besides, we should often remind ourselves of our goal and keep 8\_\_\_\_\_\_\_\_\_ on mind.**

**As for me, I have made up my mind 9.\_\_\_\_\_\_\_\_(improve) myself in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I think I can challenge 10\_\_\_\_\_\_\_\_\_(me). i set a goal of /that\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(具体目标). I plan to \_\_\_\_\_\_\_
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(具体的措施) and compete with my classmates to see whether we can achieve it.**