

黄浩元 长跑1500有感

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漫长的跑道宛如夏天的雨水，牵动我的阵阵情思。落叶飘落，繁花凋零，唯有你在跑道上奔跑，秋风吹起你短俏的发梢，在那片沁心的蓝色徜徉在我的脑海，久久不散。你可知我为你呐喊，一遍遍呼唤你的名字，背影最终消失在那片耀眼的红……

踏上陌生的跑道，似乎还存留着熟悉的气息，你若无缘，我便替你完成。枪口冒起一阵青烟，万马奔腾，人声鼎沸，我的眼里，只有终点。呼吸急促，却带不来前进的力量，脚步飞快，却带不走执著的信念。超越！再超越！似乎那样，我就能离你近一些。

同伴的呼喊回荡整个燥热的操场，我只觉身体在渐渐失去知觉，汗水浸湿衣襟，一腔热血仿佛就要从鼻中喷出，眼前逐渐迷离。恍惚中，面前是你奔跑的背影，那样地不顾一切，那样固执地拼搏……我浑身开始震颤，双腿宛如离弦之箭，飞快地在绯红中奔跑，再奔跑。

枪声再一次响起，毫不留情，却又酣畅淋漓。周围的一切都只剩下面前的条白线，近在咫尺！口中情不自禁地咆哮，双眼一闭，什么都不要在乎，就这样，冲吧……

跑道的尽头，是同伴温暖的拥抱，然而我看见远处的你，在向我微笑。



甘苦 同行 不离 不弃

杨治国

长绳在轻风中舞动，运动会在欢呼中结束。相信对于每一个一中人而言，都必定曾满怀希望地在天空中写下：青春正当时。的确，谁说高中生活不精彩？两天的运动会下来，所有人都体验到了运动带来的激情与欢愉。暂不论是否各自班级都收获到了令其满意的成绩，但就这活动本身而言，难道不让大家收获颇丰吗？4x100米接力、趣味篮球……只有我们置身在项目中，并且真正享受它、为止喜怒哀乐时，对于班级的强烈荣誉感与归属感才会由心底自然而然生。当我看到大家为搀扶运动员、为写通讯稿去默默付出时，才真正理解了那细微之中，无数难以诉说的感动。最难以忘怀的，无疑是最终的合影。早前的歌声还余音绕梁，心潮仍未退去，集体在绿茵场上的雀跃，无疑是对两天以来自己的努力来最完美的注脚。

Helin

these two days have been so much fun. not only did i experience something we don't have in belgian schools, but i felt like it was a time our classmates got closer and supported each other during the sport races. i was very nervous the day before the sportsmeeting because i didn't know how it would go. but it was so joyful and i will never forget the moment during the parade when everybody let the balloons go, it was so beautiful. i feel so proud of my classmates who worked so hard for this. the class is so energetic it made me want to do my best for them so i can see them smile. i wish to thank the school for organizing this sportsmeeting. it also gave me the chance to see so many schoolmates that are so good in sports. although i am not as good as them i feel really happy with what i have achieved with this sportsmeeting